



January 2010

# UPDATE

## STUART CHRISTIAN OPERATIONS MANAGER

Busy! Busy! Busy! All of us have busy lives, if you are anything like me there is always a list of jobs that need to be done and after this list of jobs there is another list of jobs that you would like to do one day when you get time. I have five children and I spent the five days after Christmas putting up shelves, sorting and moving stuff just to make room for all their new Christmas presents. They got to many really but Grandparents, Aunts, Uncles and Father Christmas just can't help themselves (sweet really). Then there's the chocolate. I have never seen so much of it, with each child of mine getting 4 selection packs and with each selection pack having at least 5 bars of chocolate, that's 100 chocolate bars. Special treat people say when you give your child a chocolate bar but is it really a treat? With all that sugar and fat maybe it's actually a trick (not that I am into Halloween at all before you all write in). Maybe I am being over the top but you should try living with five children all on a sugar rush at the same time while you are trying to do all those jobs, Maybe I need a treat, that sounds good, but what?

From the busy lives we live, we all need to take time out and have that special treat. Rather than filling ourselves with a chocolate bar which as I have already mentioned may not actually be a treat, why not spend the time treating yourself by spending a night working on one of our bus teams. "Special treat!" I hear you say when it is cold, damp and snowing. Well just imagine the feeling you get knowing that you have made a difference in the life of a young person just because you made them a cup of tea or because you asked them how their day went or because you were there when they needed someone the most. Young people don't just hang out on our buses because its warm (well kind of) and they get free drinks. They hang out on our buses because they are made to feel welcome by a team member who cares for them and who makes them feel special. Knowing that you have made the difference in a life of a young person which they will carry with them for the rest of their lives would surely give you a much better feeling than any chocolate bar would do and therefore a treat!

**Why not give yourself a treat and join a bus team!**

As for the list if jobs, there will always be a list no matter how many you do, another night not doing any, believe me, won't make any difference,

### GIFT FORM

If you would like to donate to the work of Bar 'N' Bus through Gift Aid and/or by setting up a standing order, please fill out the following and return to us:

Full Name.....

Address.....

.....Post Code.....

#### STANDING ORDER

To set up a standing order please complete the following:

Please pay Bar 'N' Bus @ HSBC

Sort code: 40-23-33 Account no: 01400908

the sum of ..... once only/every month

commencing from .....(date)

Bank Name.....

Bank Address.....

.....Post Code.....

Account number:.....

Sort code.....

Signed.....Date.....

#### GIFT AID

If you are a Taxpayer then you can Gift Aid your donation. Using Gift Aid means for every pound we receive, we get an extra 28 pence from the Inland Revenue, helping your donation go further.

I would like to Gift Aid the enclosed donation of.....(the amount)

I would also like to Gift Aid all donations I've made to Bar 'N' Bus since 6th April 2000 and all donations in the future until further notice.

Signed.....Date.....

**Please send back to:**

Bar 'N' Bus Trust, PO Box 168, Benfleet, Essex SS7 9AN.  
or you can donate online: [www.barnbus.org.uk](http://www.barnbus.org.uk)

**Thank you for your support!!!**



**Here is the latest Bus Team news...**

### Laindon (Monday)

The two churches behind the Laindon bus team have now merged together and so it has been decided to move the location of the bus to a car park near to where the new church now meet. It is not that far up the road so hopefully the young people that come to the bus will also come to the bus at the new location. The bus will also be better seen so hopefully new young people will come.

### South Grays (Tuesday)

The South Grays Team have really got to grips with what the bus is all about and have built great relationships with the young people. It has been eight months since they started and the young people are now really starting to open up, some sharing their problems and some asking for prayer. The team are also seeking extra training themselves so they can be better equipped to help the young people practically.

There is a real need for outreach in the area, the team have even had parents coming to the bus. Although this is not encouraged as the bus is really for young people, the team don't want to miss an opportunity and are exploring other ways to reach and provide help for these parents.

### Southend (Tuesday)

The return to Southend has been slow and to be honest a little disappointing with the number of young people that come to the bus. One week saw no young people and some weeks there has only been a few. However one weeks did see 11 young people come on. Some of the may be down to location and some due to the time of year the us team started. However the team remain positive and committed. There has been great chats and opportunities with the young people that have come on so nothing is ever wasted.

### West Thurrock (Wednesday)

It has been a difficult time recently on the bus with the behaviour of some individuals spoiling it for the others. However the team have been working hard with this issue and hopefully have seen the back of it.

Relationships with the young people continue to grow and the team have been able to help some of the young people who recently received some shocking news.

Just before Christmas the team held a special party of the bus and spoke to the young people about the real meaning of Christmas and they all listened well.

### Basildon (Thursday)

Up and down with the Basildon crew. Some weeks there are plenty of young people and some weeks only a few. However with every young person they meet it is also an opportunity. The team are very passionate about reaching out to young people and this shows in the way that the team talk and help the young people. In years to come the young people will really benefit from this. Of course this passion comes from God which flows out of the team to the young people.



### Stanford and Corringham (Thursday)

In the US thanksgiving takes place at the end of November and the bus team wanted to bring a bit of US to Stanford and Corringham by holding a thanksgiving on the bus by extra food and drinks to the young people. This was received very well and some of the young people found it hard to believe that people would do such a thing as this for them.

Even though it has been cold the team still see a good number of young people come to the bus. The prayer room is used all the time and the team are making a real difference to the lives of the young people they meet.

### Rayleigh (Thursday)

Although low in team members, Rayleigh are always able to get a team out each week although I am not sure how long this will last (please see advert below). The team continue to see good numbers each week and the young people are very chatty with many great opportunities to chat about spiritual things.

### South Woodham Ferrers (Friday)

There is always a good atmosphere on the South Woodham Ferrers Bus and the young people that come on really enjoy themselves. The team have been concerned about a couple of individuals who come to the bus and the team are able to provide encouragement, prayer and support where needed.

The team also received recently praise from the local council and a grant of £1000 to go along with it.

Check out our website for latest news on Bar N Bus including bus team reports and fundraising opportunities  
[www.barnbus.org.uk](http://www.barnbus.org.uk)

# Rayleigh Bus Team Needs your help!

Rayleigh bus team go out every Thursday evening between 8.00pm and 10.00pm Recently they have lost a few team members and desperately need some more.

If you can spare at least one Thursday evening a month and would be willing to join the Rayleigh Bar N Bus Team please contact the office.

The Rayleigh bus team see 60plus young people each week. It would be a shame if this team had to stop.

**A WORD FROM PHIL PAVITT—  
CHAIRMAN**

One of our Trustees recently shared with us the story of a missionary teaching at a school based on an island. The missionary received a gift of a shell from one of her school children. Realizing that it had come from a part of the island that would have involved a very long journey, the child confirmed this and said "the long journey is part of the gift".

Bar N Bus continues on its journey to provide support/gifts for young people in South East Essex. We need your continued support and active help if we are to continue. I recognize that times are difficult and we are suffering too in terms of finance and volunteers. If you can help us on this journey that would be great.

**Be part of the gift.  
Be part of the journey.**

**Have you ever thought about  
having a bus team in your area.  
Call the office for a church pack.**

**Counselling Update**

Counselling young people is never pleasant meeting people so young with difficulties and problems, difficulties and problems which none of us would ever want to face. 2009 has been one of the hardest years for our counsellors seeing many young people with difficult and complex issues

However it is a pleasant to see these difficulties and problems turn around as the young people chat through their issues and are encouraged and supported to resolve them the best they can. Please remember to pray for our counsellors throughout 2010. Our counsellors are Julie, Karen and Molly

**CONTACT DETAILS**

Bar 'N' Bus Trust  
PO Box 168, Benfleet, Essex SS7 9AN  
Tel: 01268 793331  
Email: [team@barnbus.org.uk](mailto:team@barnbus.org.uk)  
Web: [www.barnbus.org.uk](http://www.barnbus.org.uk)

# Fundraising Update

**Thanks to everyone who came to the  
THURROCK fish n chip QUIZ NIGHT.  
We raised £720.00 towards the  
New Thurrock Bus Appeal**



**FUNDRAISING CURRY NIGHT  
MONDAY 8TH FEBRUARY 2010**

@

**The Tandoori Parlour,  
Hart Road, Thundersley  
seat between 7.00pm & 8.00pm**

**Tickets £12**

**includes all you can eat Buffet  
English dishes available**

**Money raised will go towards  
New Thurrock Bus**

**Call 01268 793331**

**or email [team@barnbus.org.uk](mailto:team@barnbus.org.uk)  
for tickets**

**You can help us raise money by making  
all your purchases online.**

Just register your name to Bar 'n' Bus at:

**[www.Easyfundraising.org.uk](http://www.Easyfundraising.org.uk)**

....and start shopping using the links to each shop.  
The site explains exactly what to do – it's so simple!

Every time you shop using these links, each retailer will donate direct to Bar 'n' Bus a percentage of your total spend. Most high street retailers are registered, as well as insurance providers, supermarkets, mobile phone retailers, online bookstores and many more.

Many of these retailers have special offers for online shoppers, including discounts and free delivery, so it could mean you could make a considerable saving too.

Thank you for your support

**If you would like Bar 'N' Bus to  
come to your church to give a 15-45  
minute presentation about the work  
please contact the office.**